

Carsten Nicolaus, MD, PhD



Dr. Nicolaus, MD PhD, is the Medical and Executive Director of the BCA-clinic in Augsburg / Germany founded in 2006. He has been duly certified to practise since 1988. From 1990 to 2008 Dr. Nicolaus directed his extended general practitioner practice in Augsburg. Besides primary health care he expanded his practice focus by the following areas:

- Tick-borne diseases
- Geriatric medicine (medical attendance of several large nursing homes in Augsburg)
- Diagnosis and treatment of vascular diseases (veins as well as arteries)
- Trained as qualified diabetologist
- Pain therapy
- Acupuncture
- Neural therapy
- Orthomolecular medicine
- Preventive medicine

The specialization in tick-borne diseases, particularly Lyme disease, results from the proximity of his general practice in Augsburg to a nearby National Park, the largest forest and recreation area in the Western Bavaria. More than 25 years Dr. Nicolaus has been confronted with patients having tick-borne diseases. He understands the complexity of the problem especially concerning the diagnosis of the attending physician and the laboratory. He knows of the difficulties in terms of the diagnostics and therapy of Lyme disease and co-infections in particular and has experience with the psychological strains of the patients in connection with their uncertainty.



His experience in treating Lyme disease and co-infections over the last 25 years, as well as numerous national and international conferences and the increase in Lyme disease patients led to the foundation of the BCA-clinic Augsburg, a treatment facility for tick-borne diseases.

Since 2011 the BCA-clinic has also been engaged in research. The first project was HilySENS I (<http:hilySENS.eu>), a FP7 research program of the European Union followed by HilySENS II (<http://hilySENSproject.eu/>) in 2014. Dr. Nicolaus is one of four SME in this project.

Besides his profession Dr. Nicolaus is engaged in voluntary work and is a member of various professional associations:

- Member of ILADS since 2007
- ILADEF Board Director since 2012
- Treasurer of ILADEF since 2013
- CEHF Medical Advisory Board (Charles E. Holman Foundation)
- German Borreliosis Society (Deutsche Borreliose-Gesellschaft e.V.)
- International Society for Infectious Diseases
- Instructor of P.A.I.N. Initiative against pain, main focus: Training for physicians (MD, ND and NP) in pain treatment
- Past Chairman of the association ZecTect e.V., association for prevention, diagnosis and therapy of the Lyme disease and TBE (tick-borne encephalitis)
- NPA Acupuncture Society (NPA Gesellschaft zur Förderung einer naturwissenschaftlich-physiologisch begründeten Akupunktur e.V.)
- Professional Association of Phlebologists (Deutsche Phlebologische Gesellschaft)
- Environment Initiative of Bergheim e.V., 14 years as its chairman (1993-2007)
- Past Honorary judge at the Bavarian Administrative Court in Augsburg, Germany