



**Mater Misericordiae University Hospital**  
**Lyme Disease – Expert Day**  
**Saturday 28<sup>th</sup> October 2017**  
**Catherine McAuley Education Centre, Nelson**  
**Street, Dublin 7**

- 08:45 Registration / Coffee
- 09:00 Welcome Address/ Introduction**  
Dr Jack Lambert
- 09:10 Overview of Tick Borne Diseases**  
Dr Carsten Nicolaus, Medical and  
Executive Director of the BCA-clinic in  
Augsburg / Germany
- 10:10 Lyme & Co-Infections – The Irish  
Experience**  
Dr Jack Lambert, Infectious Diseases (MD  
PhD) at the Mater Public and Private  
Hospitals, Rotunda Hospitals Dublin
- 10:30 Break**
- 11:00 Case Histories Presentations**  
Dr Carsten Nicolaus, Medical and  
Executive Director of the BCA-clinic in  
Augsburg / Germany
- 11:45 Case Histories**  
Irish GPs
- 12:30 Meeting Close**  
Dr Jack Lambert, Infectious Diseases (MD  
PhD) at the Mater Public and Private  
Hospitals, Rotunda Hospitals Dublin

**\*CPD applied for with ICGP**

**REPLY FORM**  
**(Regrets need not reply)**

I will attend Lyme Disease Expert Day on Saturday 28<sup>th</sup>  
October 2017

I will attend workshops  Yes  No

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Contact Tel No: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_

For Reply - Postal Address – Postgraduate Medical  
Education, Catherine McAuley Education Centre

# LYME DISEASE EXPERT DAY

**SATURDAY 28<sup>TH</sup> OCTOBER  
2017**

**09:00AM – 12:30PM**

**CATHERINE MCAULEY EDUCATION CENTRE  
NELSON STREET  
DUBLIN 7**



**Dr Carsten Nicolaus:**

After finishing his academic education at two German Universities (Regensburg and Munich) and medical training, Dr Carsten Nicolaus opened his own GP practice in Augsburg in the South of Germany. Only a few weeks after the opening of the practice, he was confronted with problems of tick-borne diseases, particularly Lyme disease. During 17 years of his career as a GP, tick-borne diseases started to be of great and increasing importance to him and his patients. As a result of this, he decided to found the first German treatment centre which exclusively treats tick-borne diseases. The BCA-clinic was established on 1st October 2006 and specialises in diagnostics and treatment of tick-borne diseases and patient rehabilitation.

Dr Nicolaus has been an active member of the German Borreliosis Society and ILADS for many years. Since 2012 he has been one of Board directors of ILADEF



**Dr John Lambert (MD PhD, Consultant):**

Dr Lambert is a consultant in Medicine and Infectious Diseases (MD PhD) at the Mater Public and Private Hospitals, Rotunda Hospitals, and teaches at the UCD School of Medicine and Medical Science. He qualified in New York State and was involved in evaluating and diagnosing many Lyme disease patients. In addition, during his time at Johns Hopkins in Baltimore, he was involved in the evaluation of a then soon to be licensed Lyme Vaccine and member of the Data Safety and Monitoring Board for this vaccine. During his 24 years as an infectious diseases consultant he has been diagnosing and treating Irish patients with Lyme infections contracted within Ireland and more commonly Irish patients who acquired these infections abroad. In addition to Lyme disease, there are a number of other co infections that accompany Lyme disease and others that also are associated with 'Chronic Fatigue Syndrome' a poorly defined condition of which infections play a significant role.